

## Registered Massage Therapist Kingston

Registered Massage Therapist Kingston - An individual who works with energy fields surrounding the animal or human body is referred to as an energy healer. The fields of energy that surround living things have been referred to as qi, chakra body, aura body, chi, or the energy body. To an energy healer, the term is not as vital as the effects of working with it.

Energy healing is an essential aspect of any holistic healing plan since our energy fields are intrinsically associated to our complete health. Energy work is associated with the gateway of the Spirit. The Body Gateway is associated with physical healing, the Mind Gateway is connected to emotional and mental healing and the Spirit Gateway is associated with energy healing.

A lot of energy healers believe that the majority of dis-ease starts from blockages of energy and can be healed by releasing blocked energy within the body. For instance, respiratory ailments could feature a blockage of energy around the lungs. Once an energy healer unblocks that particular area, your respiratory concerns should decrease or vanish.

Energy healers can operate a variety of different ways, according to the system of healing they work with. The basics of whatever healing art will comprise unblocking, re-routing, charging with light and exorcising negative fields. Your local spiritual bookstore or metaphysical store might be able to put you in touch with an energy healer if you feel this can be for you.