

## Kingston Massage Therapy

Kingston Massage Therapy - Manipulation of the visceral organs is a physical treatment that works on the visceral organs of the body which includes the heart, liver, intestines, and stomach. When the first evaluation has finally been completed, the hands of the practitioner will be lightly positioned on top of the organs which could be blocked and are not moving with the normal rhythm of the body which could cause some form of physiological impairment. The goal of this treatment is to have natural mobility and motility, inherent tissue movement of the tone and viscera. Our bodies need normal motion in order to be healthy and work right. Whenever tissues become infected or even inflamed, they are believed to lose normal motion.

Mobility is defined as the pulling and pushing of all the nearby tissue. Visceral organs move in response to various external factors which could be either voluntary or involuntary. The functional impairment of the organ implies limitation.

The kinetic expression of the tissues in motion or the organs active, intrinsic motion is actually known as Motility. Inscribed in the visceral tissues are the embryologic axes and directions of all these movements and they take place around a point of stability and moves toward the median axis of an individual's body. This is called inspir and expir, and cycles between 7 and 8 cycles per one minute. The goal of enhancing organ performance and restoring better physiological motion is acquired by making use of certain techniques in order to treat parts of altered or reduced movement.