

## Rehab Kingston

Rehab Kingston - EECF therapy is a fairly new outpatient treatment for angina and heart failure. People with heart ailments can find the basic every day activities quite challenging. Activities like for instance walking the dog or getting the mail can present certain difficulties. If you or maybe somebody you know experiences angina or heart failure, the non-invasive treatment called EECF therapy can be useful. Statistics prove that roughly 80% of people who complete the 35 hour course of EECF therapy report substantial symptom relief which could last as long as 3 years.

EECF therapy has shown to be a helpful treatment used for angina and heart failure. Normally, treatments are given for an hour a day, 5 days a week for a total of 35 hours. A treatment session includes lying on a comfortable treatment table using large blood pressure like cuffs wrapped round your buttocks and your legs. At particular times in between your heartbeats, these cuffs inflate and deflate. A continuous ECG or electro cardiogram is used to be able to set the timing. This insures that the cuffs inflate while the heart is in its resting state where it normally receives its blood and oxygen supply. The cuffs then deflate at the end of that rest period, just before the next heartbeat. The patient wears a special sensor on their finger so as to monitor the oxygen levels in their blood. The sensor likewise monitors the pressure waves created by the cuff inflations and deflations.