

## Chemical Peel Kingston

Chemical Peel Kingston - Chemical peels are a body treatment technique utilizing chemical solutions on the skin. They are used to be able to improve and smooth the skin's texture via a method of causing the dead skin cells to slough off and ultimately peel off. The newer, regenerated skin is usually smoother and less wrinkled as opposed to the top layer of skin. Individuals can get these treatments through a plastic surgeon, an esthetician, dermatologist or otolaryngologist. It is recommended to seek professional assistance from amongst the aforementioned health practitioners although, some kinds of chemical peels can be purchased and administered without a medical license.

### Types

There are various kinds of chemical peels. Alpha hydroxy acid peels or AHAs are one of the most well-known types. These are naturally occurring carboxylic acids like lactic acid and glycolic acid. Glycolic acid is a natural ingredient of sugar cane juice. Lactic acid for example can be found in sour milk and tomato juice. These are the mildest of the peel formulas and they are best for areas of dryness, uneven pigmentation and the treatment of fine wrinkles. Various people incorporate AHAs into their moisture cream or facial cleanser in lesser concentrations in order to utilize them as part of their daily skin-care routine so as to improve the skin's texture.

There are 5 major fruit acids consisting of: citrus acids, tartaric acid, derived from grapes, glycolic acid from sugar cane, malic acid derived from apples and lactic acid which is derived from milk. There are other alpha hydroxy acids that exist and are likewise utilized.

The citric acids in chemical peels are usually derived from oranges, pineapples, limes and lemons. These peels are efficient and simple, although, one treatment is normally not invasive or capable of having significant improvement.

The use of glycolic acid helps to create a mild exfoliating action. Formulated from sugar cane, these peels work by loosening the superficial top layer of the skin. While it exfoliates the top layer it also stimulates the growth of collagen. These peels can irritate the skin more. Some glycolic peels make use of strontium nitrate in order to lessen skin irritation. This is a component that has a high toxic potential and has been strictly banned in cosmetic use.

Malic acid from apple extracts are one more mildly invasive peel, which can open the pores enabling the pores to expel their sebum. This would help reduce acne.

The lactic acid found in sour milk or bilberries help to promote skin by removing dead skin cells.

Tartaric acid is derived from grape extract and is capable of delivering similar benefits of the above items. Chemical peels are not indicated for treatment of wrinkles. There are other types of peels which come from retinoids, like: Beta Hydroxy Acid Peels including Jessner's Peel, Retinoic Acid Peel Retinoid Acid. This particular kind of facial peel is done in a plastic surgeon's office. These deeper peels are stronger compared to beta hydroxy acid peels and are used to eliminate scars, pigmentation and scars. Various examples of chemical peels include: phenol peels and trichloroacetic acid peels.

### Chemical Peel Complications

Depending on how deep the peels are the more problems are capable of arising. Chemical peels must be administered by certified dermatologists as they are so risky. The possible issues include: texture changes, pigmentary changes, millia or white heads and prolonged erythema.